Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: Beginning on or after 7/1/2015

Coverage for: Single/Family Plan Type: High Ded



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at http://secure.healthx.com/cnic_new.aspx or by calling 1-877-229-4541.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$5,000 single person/ \$10,000 family Deductible waived for preventive care, mammogram, and prenatal visits.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan offers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. Single/Family Preferred Tier 1 \$5,000/\$10,000 Preferred Tier 2 \$5,500/\$11,000 Non-Preferred \$5,900/\$11,800	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, cost containment penalties, health care charges not covered by this plan, charges over reasonable and customary.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See http://secure.healthx.com/cnic_new.aspx or call 1-877-229-4541	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use the <u>preferred providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

		You	r Cost if You U	lse a		
Common Medical Event	Services You May Need	Network Provider Tier 1	Network Provider Tier 2	Non- Network Provider	Limitations & Exceptions	
	Primary care visit to treat an injury or illness	No charge	10% coinsurance	50% coinsurance	None	
	Specialist visit	No charge	10% coinsurance	50% coinsurance	None	
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visits	No charge	10% coinsurance	50% coinsurance	Acupuncture is limited to charges for anesthesia and pain management with a \$1,000 per calendar year maximum. TMJ charges are limited to \$2,000 per lifetime.	
	Preventive care/ screening/immunizations	No charge	No charge	No charge	Preventive colonoscopy limited to 1 every 5 years.	
If you have	Diagnostic test (X-ray, blood work)	No charge	10% coinsurance	50% coinsurance	None	
a test	Imaging (CT/PET scans, MRIs)	No charge	10% coinsurance	50% coinsurance	None	

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		You	r Cost if You U	se a		
Common Medical Event	Services You May Need	Network Provider Tier 1	Network Provider Tier 2	Non- Network Provider	Limitations & Exceptions	
		Retail Copay	Mail Order Copay	Non- Network	Except for Specialty drugs, retail will provide a 30-day supply or up to a 90-day supply; mail order will provide a 90-day supply. Specialty drugs: (1) are limited to a 30-day supply, (2) are not available through the mail order	
If you need drugs to treat your illness or	Preferred generic drugs	No charge	No charge	N/A		
condition. More information about	Non-preferred generic drugs	No charge	No charge	N/A	option, (3) must be purchased from NPS Walgreens Specialty Pharmacy, and (4) require	
prescription drug coverage is available at	Preferred brand name drugs	No charge	No charge	N/A	precertification. Payment will be reduced by \$250 if precertification is not obtained. If a brand name drug is chosen when a generic	
www.pti-nps.com	Non-preferred brand name drugs	No charge	No charge	N/A	is available, the cost will include the difference between the generic and brand name drug. The difference in cost will not accrue toward the	
	Specialty drugs	No charge	N/A	N/A	out-of-pocket maximum.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center);	No charge	10% coinsurance	50% coinsurance	Precertification is required for all outpatient surgeries. Payment will be reduced by \$250 if precertification is not obtained.	
ouigery	Physician/surgeon fees	No charge	10% coinsurance	50% coinsurance	None	
If you need immediate	Emergency room services	No charge	No charge	No charge	\$250 Penalty for non-emergency use. All emergency room related charges are covered at the Tier 1 level. Non-network charges are subject to reasonable and customary.	
medical attention	Emergency medical transportation	No charge	No charge	No charge	None	
	Urgent care	No charge	10% coinsurance	50% coinsurance	None	

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		You	r Cost if You L	lse a	Limitations and Exceptions	
Common Medical Events	Services You May Need	Network Provider Tier 1	Network Provider Tier 2	Non- Network Provider		
If you have a hospital	Facility fee (e.g., hospital room)	No charge	10% coinsurance	50% coinsurance	Precertification is required for all hospitalizations. Payment will be reduced by \$250 if precertification is not obtained.	
stay	Physician/surgeon fee	No charge	10% coinsurance	50% coinsurance	None	
	Mental/Behavioral health outpatient services	No charge	10% coinsurance	50% coinsurance	None	
If you have mental health, behavioral health, or substance	Mental/Behavioral health inpatient services	No charge	10% coinsurance	50% coinsurance	Precertification is required for all hospitalizations. Payment will be reduced by \$250 if precertification is not obtained.	
abuse needs	Substance use disorder inpatient or outpatient services	Not covered	Not covered	Not covered	Substance use disorder services are not covered.	
If you are pregnant	Prenatal and postnatal care	No charge for prenatal visits; No charge for other services	No charge for prenatal visits; No charge for other services	No charge for prenatal visits; No charge for other services	Routine prenatal visits (to include certain lab services, tobacco cessation counseling and certain immunizations as required by applicable regulations) – no cost share (if billed in office visit setting).	
	Delivery and all inpatient services	No charge	No charge	No charge	All pregnancy related charges are covered at the Tier 1 level. Non-network charges are subject to reasonable and customary.	
If you need help	Home health care	No charge	10% coinsurance	50% coinsurance	Limited to 90 visits per calendar year.	
recovering or have other special health	Rehabilitation services	No charge	10% coinsurance	50% coinsurance	Includes occupational, physical, respiratory and speech therapies. Excludes occupational	
need	Habilitation services	No charge	10% coinsurance	50% coinsurance	therapy supplies and any amount covered by worker's compensation.	

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

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		Your Cost if You Use a		Jse a		
Common Medical Events	Services You May Need	Network Provider Tier 1	Network Provider Tier 2	Non- Network Provider	Limitations and Exceptions	
	Skilled nursing care	No charge	10% coinsurance	50% coinsurance	Limited to 90 days per calendar year.	
	Durable medical equipment	No charge	10% coinsurance	50% coinsurance	Precertification required for charges over \$250. Payment will be reduced by \$250 if precertification is not obtained.	
	Hospice service	No charge	10% coinsurance	50% coinsurance	Includes bereavement counseling.	
If your child	Eye exam	Not c	overed	Not covered	None	
needs dental or	Glasses	Not c	overed	Not covered	None	
eye care	Dental check-up	Not covered		Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture except for anesthesia and pain management to an annual limit of \$1,000.
- Bariatric surgery
- Cosmetic surgery except when the result of a congenital anomaly, disease or accident.
- Dental Care (Adult)
- Hearing aids
- Infertility treatment
- Long term care

- Non-emergency care when traveling outside of the United States
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Chiropractic cares

 Private-duty nursing limited to \$2,000 per year and \$5,000 in a lifetime

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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-877-229-4541. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cms.gov/cciio/.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-229-4541.

Does this Coverage Provide Minimum Essential Coverage and Meet the Minimum Value Standard?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage" and establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This plan or policy does provide minimum essential coverage. This health coverage does meet the minimum value standard for the benefits it provides.



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Coverage Examples

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

■*Amount owed to providers: \$7,540

■ Plan pays: \$1,640■ Patient pays: \$5,000

Sample care costs:

*Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
*Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:

Coinsurance Limits or evaluations	\$0 \$0
Limits or exclusions Total	\$0 \$5,000

*Note: Hospital charge (baby) applies to baby's deductible. Thus, Amount oned to providers does not include this cost (subtract \$900 Hospital charges (baby) from \$7,540 total Amount oned to providers = \$6,640).

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

■ Amount owed to providers: \$5,400

■Plan pays: \$400 ■Patient pays: \$5,000

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$5,000
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$0
Total	\$5,000

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.